Bryan Oxton

**Age:** 27

**Occupation:** Accountant

**Hobbies:** Running

**Status:** Single

**Location:** Buckhead, GA



**Bio**

Bryan is an accountant working in Midtown. Every morning, he wakes up extremely early in order to go running before leaving for work. He enjoys running for the activity itself and for the health benefits. Unfortunately, he is currently suffering an ankle sprain. As a result, his ability to run is hindered greatly.



**Goals**

* Eat healthy and be physically active
* Train to be able to run a marathon
* Recover from injury quickly to return to running normally

**Frustrations**

* Unsure of when he can run again
* Feels that there is a better way to recover than just resting and icing ankle
* Being injured is affecting his physical health

**Concerns**

* Doctor’s visits are expensive
* Returning to running before being fully healed can cause greater injury

